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A Visit to the Blessed Sacrament



Seventeenth Sunday in Ordinary Time Reflection Resource



Stillness: As we approach the Lord in the Tabernacle we make the Sign of the Cross.

Preparation: we open our hearts to the Lord and make a prayer of preparation.

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Invocation: Make an Act of Spiritual Communion.

My Jesus, I believe that you are present in the Most Holy Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Read: Meditate on the Gospel of Matthew 13:44-52 Jesus said to the crowds, 'The kingdom of heaven is like treasure hidden in a field which someone has found; he hides it again, goes off happy, sells everything he owns and buys the field. 'Again, the kingdom of heaven is like a merchant looking for fine pearls; when he finds one of great value he goes and sells everything he owns and buys it. 'Again, the kingdom of heaven is like a dragnet cast into the sea that brings in a haul of all kinds. When it is full, the fishermen haul it ashore; then, sitting down, they collect the good ones in a basket and throw away those that are no use. This is how it will be at the end of time: the angels will appear and separate the wicked from the just to throw them into the blazing furnace where there will be weeping and grinding of teeth. 'Have you understood all this?' They said, 'Yes.' And he said to them, 'Well then, every scribe who becomes a disciple of the kingdom of heaven is like a householder who brings out from his storeroom things both new and old.'

Intercession: We place before the Lord the desires of our hearts. Pray for the Holy Father, for Bishop Mark and the clergy of our diocese, for vocations to the priesthood, for those who are sick, for your own personal needs, and for those who have died.

Thanksgiving: In thanksgiving we pray the Divine Praises. Blessed be God Blessed be his holy name Blessed be his holy name Blessed be Jesus Christ, true God and true man Blessed be the name of Jesus Blessed by his most Sacred Heart Blessed be his most Precious Blood Blessed be his most Precious Blood Blessed be Jesus in the most holy Sacrament of the altar Blessed be the Holy Spirit, the Paraclete Blessed be the great Mother of God, Mary most holy Blessed be her holy and immaculate conception Blessed be her glorious assumption Blessed be the name of Mary, virgin and mother Blessed be Saint Joseph, her spouse most chaste Blessed be God in his angels and in his saints